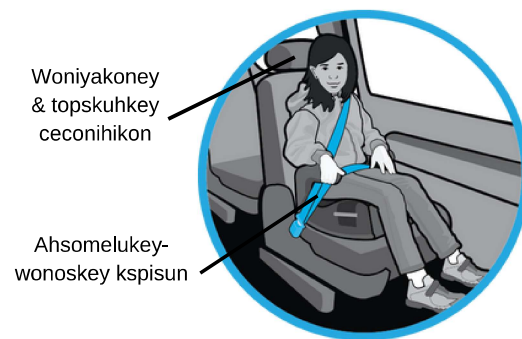
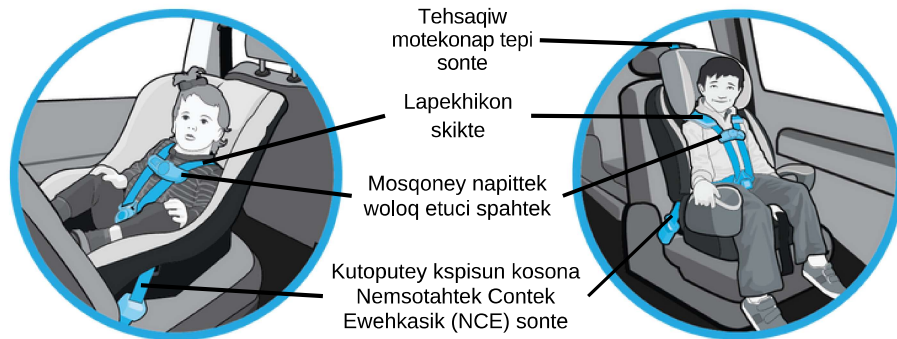


Knican opu kinuwikok kutoput?



Asitapotasik kutoput

- Asitapotasik kutoput ote piyemi akuwahtihikek 'ciw knican woniyakon, 'topskuhkiyil naka wawikon wen sesolahkiw conessit kosona ksihtehsit.
- Samkilok knican 'ciw wasisuwey kutoput, wehken piyemkihqok asitapotasik kutoput.
- Knican piyemi sankewitahamqosu asitapit tokkiw nis, nihi kosona peciw new tuceyit.
- Kcikihtuwan knican asitapin tan qeni mepit kinkihqok asitapotasik kutoput.

Nihkanapotasik kutoput

- Nihkanapotasik kutoput wolankeyakun wasis samkilok 'ciw asitapotasik kutoput.
- Kcikihtuwan knican wiciw nan-eluwehkewik lapekhikon tokkiw li tkiqolok kinaq oqomolcin kehsanku kg (newinsk-tkiqolok) naka kisi sankewqepin. Cipotu ote nit new, nan kosona 'cel peciw kamahcin tuceyit.
- Knican samkilok 'ciw yut kutoput mesq kisacihq, knituwin nan-eluwehkewik lapekhikoney kutoput 'ciw piyemi pitenskosit, piyemi tkiqolok wasis.

Eweppik kutoput

- Eweppik kutoput 't-ewepelal wasisol weci kci-pomawsuwinuwey kutoputey kspisun memte ksokayiw piyemsonuwik skonisol.
- Knican cuwi li tkiqol kinaq oqomolcin kehsanku kg (newinsk-tkiqolok) weci wehket eweppik kutoput.
- Knican cuwi kiyaqgepu naka spiw naka skat 'kisi milessiwon kosona 'kocoskelosin.
- Ktuwehkan eweppik kutoput tokkiw knican 'qotatq naka newinsk 'cel nan cm (nan feet esqonatek incol) tutenskosit naka woli memkomon kutoputey kspisun.

Mecimi-te knusukomon kehketuwakon 'ciw kutoput.

'Kisi sankewowehkan knican kutoputey kspisun?

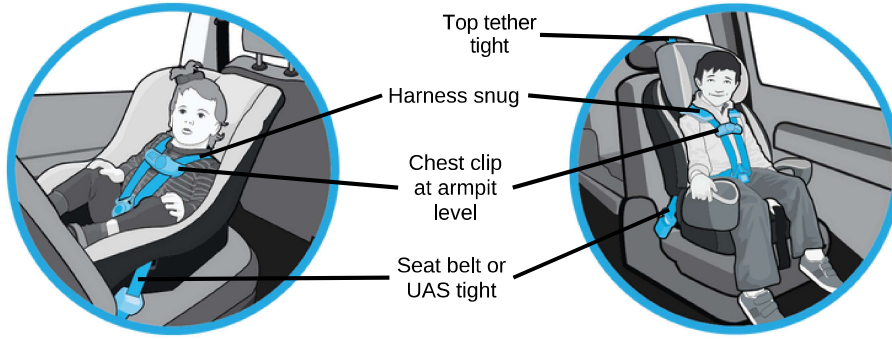
- Knican kinaq 'qotatq naka newinsk 'cel nan cm (nan feet esqonatek indol) tutenskosu?
- Knican wotku sankewi-'ksiakiya keceyik kutoputik tan eci sehtahqepit?
- Cinte ahsomelukey kspisun naka skikte ksokayiw wolukoneyal skonisol?
- Tolomakoney kspisun ksokahte mosqonok naka nit-te ote pihtuwi wasis 'topskukek naka 't-olomakonok.
- Kisqepu knican tahalu yut qeniphut naka skat enahkatahawon?

Yaka knican kisi olluhket nanuwol itomuwi, mec ktuwehkan eweppik kutoput.

Wasisok mesq etuceyultitit 'sanku sankewitahamak asit kutoputik.

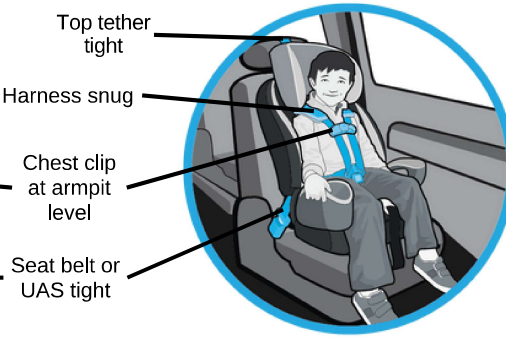


Is your child in the right seat?



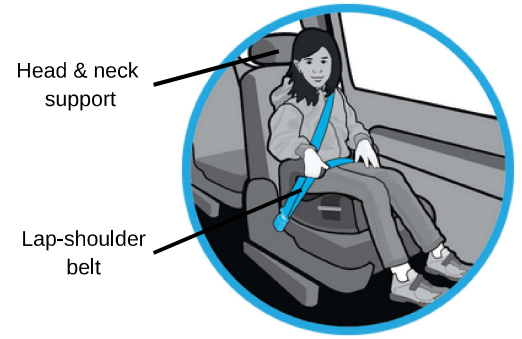
Rear-facing seat

- A rear-facing seat provides the best protection for your child’s head, neck and spine in a sudden stop or crash.
- When your baby outgrows the infant seat, use a larger rear-facing seat.
- Your child is safest riding rear-facing until 2, 3 or even 4 years old.
- Keep your child rear facing for as long as they still fit the larger, rear-facing seat.



Forward-facing seat

- A forward-facing seat protects a child who has outgrown their larger rear-facing seat.
- Keep your child in a 5-point harness until they weigh at least 18 kg (40 pounds) and are able to sit correctly. This may be at 4, 5 or even 6 years old.
- If your child outgrows this seat before they are ready, you will need a 5-point harness seat that will hold a taller, heavier child.



Booster seat

- A booster seat lifts the child up so that the adult seat belt fits across the strongest bones.
- Your child must weigh at least 18 kg (40 pounds) to use a booster seat.
- Your child must be able to sit straight and tall without moving around or unbuckling.
- Use a booster seat until your child is at least 145 cm (4 feet 9 inches) tall and fits the seat belt correctly.

Always follow the instructions for your seat.

Can your child safely use a seat belt?

- Is your child at least 145 cm (4 feet 9 inches) tall?
- Do your child’s knees bend comfortably at the edge of the seat when sitting all the way back?
- Does the lap belt stay low and snug across the hip bones?
- Does the shoulder belt cross the chest and stay between your child’s neck and shoulder?
- Can your child sit like this for the whole trip without slouching?

Until your child can meet all 5 steps, keep using a booster seat on every ride.

Children under the age of 13 are safest in the back seat.



Have questions?
Call us at 1-866-288-1388

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A program of IWK Health