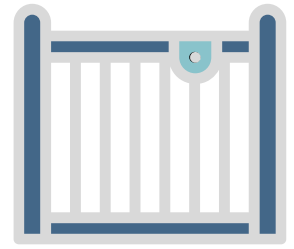


Waxa la sameeyo iyo waxa aan la samayn ee Albaabka Ilmaha



Ka dhicidda jaranjaroyinka ayaa ah sababta ugu weyn ee dhaawaca cusbitaalka la dhigo carruurta ka yar 5 sano ee Kanada. * Isticmaal albaabka ilmaha xagga sare iyo hoose ee jaranjaroyinka si loo yareeyo khatartan:



SAMEE:

Xagga Sare ee jaranjarada: Isticmaal albaab qalab ku rakiban. Ku rakib si aad u furi karto dhanka dabaqa kore, ma aha tillaabooyinka.



Rakibaadda Sugan: Albaabka ku dheji birta derbiga ah ama alwaax adag adigoo isticmaalaya boolal dhaadheer oo soo mara qalabka albaabka iyo gidaarka qallalan ee soo gala usha.

Jaranjarada Hoose: Isticmaal albaab cadaadis ku rakiban ama qalab ku rakiban si aad uga ilaaliso in ilmahaagu fuulo oo soo dhaco.

Albaabada La Sharciyeeyay: Dooro albaabbada carruurta loo sharciyeeyay, ee ha dooran albaabbada xayawaanka.



Albaabku ha xidhnaado: Had iyo jeer xidh oo qataar albaabbada si aad uga hortagto kufidda iyo dhicitaannada.



HA SAMEYN

Ma jiro Albaab cadaadis-saaran xagga sare: Kuwan si fudud ayaa loo furi karaa, taasoo keenaysa khatar dhicitaan.

Ka fogow meelaha Wareega ama aan sinnayn: Ku rakibida qalabka albaabka kuwan waxay adkeyn kartaa in si ammaan ah loo xiro.



Ha ku rakibin meel sare: Raac tilmaamaha si aad uga fogaato daldaloolo uu ilmuhu ku xannibmi

Ha fuulin: Waa khatar, waxaana laga yaabaa in ilmahaagu kugu dayado.

Yuusan noqon albaabadii hore: iska ilaali albaabada la sameeyay 1990 ka hor, kuwaas oo noqon Karin.



Kormeer: Ha isku hallaynina oo keliya irdaha-mar walba ka ilaali ilmahaaga jaranjaroyinka.

Macluumaad dheeraad ah oo ka hortagga dhicitaanka ilmaha, booqo:

<https://childsafetylink.ca/fall-toolkit>:



Si aad u hubiso in albaabkaagu badbaado yahay, la xidhiidh soo saaraha ama booqo [Health Canada's consumer product safety website](https://www.healthcanada.ca/en/consumer-product-safety/)