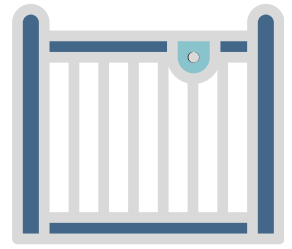


The Do's and Don'ts of Baby Gates



Falls on stairs are the leading cause of injury hospitalization for children under 5 in Canada.*
Use a baby gate at the top and bottom of stairs to reduce this risk:



Top of Stairs: Use a hardware-mounted gate. Install it to swing open over the floor, not the steps.



Secure Installation: Attach the gate to a wall stud or solid wood using long screws that go through the gate hardware and drywall into the stud.

Bottom of Stairs: Use either a pressure-mounted or hardware-mounted gate to prevent your child from climbing and falling.

Certified Gates: Choose gates certified for children, not pet gates.



Keep Gates Closed: Always close and latch gates to prevent trips and falls.



No Pressure-Mounted Gates at the Top: These can be knocked over easily, posing a fall risk.

Avoid Round or Uneven Posts: Installing gate hardware on these can make it hard to latch securely.



No High Installation: Follow instructions to avoid gaps where a child could get trapped.

Don't Climb Over: It's dangerous, and your child may copy you.

No Old Gates: Avoid gates made before 1990, which can be unsafe.



Supervise: Don't rely solely on gates —always supervise your child around stairs.

For more child fall prevention information, visit
<https://chilfsafetylink.ca/fall-toolkit>:

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*Source: Canadian Injury Prevention Resource (Parachute.ca)