

## The Do's and Don'ts of

## **Baby Gates**





Falls on stairs are a leading cause of injury hospitalization for children under 5 in Canada.\* Protect your child by using baby gates at the top and bottom of stairs. Here's how:



Top of Stairs: Use a hardwaremounted gate. Install it to swing open over the floor, not the steps.



**Secure Installation:** Attach the gate to a wall stud or solid wood using long screws that go through the gate hardware and drywall into the stud.

Bottom of Stairs: Use either a pressure-mounted or hardwaremounted gate to prevent your child from climbing and falling.

**Certified Gates:** Choose gates certified for children, not pet gates.



Keep Gates Closed: Always close and latch gates to prevent trips and falls.

## X DON'T

No Pressure-Mounted Gates at the Top: These can be knocked over easily, posing a fall risk.

**Avoid Round or Uneven Posts:** Installing gate hardware on these can make it hard to latch securely.



No High Installation: Follow instructions to avoid gaps where a child could get trapped.

Don't Climb Over: It's dangerous, and your child may copy you.

No Old Gates: Avoid gates made before 1990, which can be unsafe.





Supervise: Don't rely solely on gates—always supervise your child around stairs.

\*Source: Canadian Injury Prevention Resource (Parachute.ca)

\*\*To check if your gate is safe, contact the manufacturer or visit Health Canada's consumer product safety website. Adapted with permission from ChildproofingExperts.com





