

6-12 months old

# How to keep your child safe from injury

at home, on the road, and at play.



## Top safety concerns for your 6-12 month old:

- Falling from beds, stairs and change tables
- Choking on small parts
- Swallowing poisons like medicine and cleaning products
- Burns from hot water or other hot liquids
- Being hurt in a car crash
- Drowning

## Safety at Home

- Keep your baby in a safe place, like a playpen, crib or highchair, when you are not in arm's reach.
- Use a baby gate that screws into the wall at the top of the stairs and a pressure mounted gate at the bottom of the stairs.
- Cut your baby's food into small pieces, smaller than your fingernail.
- Always be able to see and be able to reach for your child during bathtime.
- Measure all medicines and write down the amount and time it was given.
- Know your local poison control number:
  - In NS or PEI, call 1-800-565-8161.
  - In NB, call 911.



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## Safety on the Road

- Make sure that the harness straps of the car seat are in the slot at or below your baby's shoulders.
- Check that the harness is snug with the chest clip at armpit level.
- Dress your baby in light layers and add blankets over top, after your baby is safely buckled.
- Move your baby into a larger, rear-facing car seat when your baby is too heavy or too tall for the infant seat.
- Buckle your baby in their stroller using the safety harness and lap belt.



## Safety at Play

- Follow age recommendations on toys. If it fits in a toilet paper roll, it is too small.
- Register toys and other baby products so you will know if they are recalled.
- Keep the battery door closed tight on toys and other things that use batteries.
- Use teething toys and gentle gum massages instead of teething jewellery.
- Help your baby learn and grow by enjoying playtime together.



Child Safety Link: a program of the IWK Health Centre. Here for you with helpful information to keep your children safe.

Have questions? Call us at 1-866-288-1388



[childsafetylink.ca](http://childsafetylink.ca)