

1-3 years old

How to keep your child safe from injury

at home, on the road, and at play.



Top safety concerns for your 1-3 year old:

- Falling from beds, stairs and windows
- Choking on small parts
- Swallowing poisons like medicine and cleaning products
- Burns from hot water or other hot liquids
- Being hurt in a car crash
- Drowning

Safety at Home

- Move your child from a crib to a toddler bed (or to a mattress on the floor) if your child has tried to climb out of the crib.
- Attach heavy furniture to the wall, keep furniture away from windows, and tie up blind cords.
- Use a baby gate that screws into the wall at the top of the stairs and a pressure mounted gate at the bottom of the stairs.
- Always be able to see and be able to reach for your child during bathtime.
- Keep all poisons, including medicines, vitamins and cleaning products, up high or in a locked cupboard.
- Know your local poison control number.
 - In NS or PEI, call 1-800-565-8161.
 - In NB, call 911.



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Safety on the Road

- Keep your child in a rear-facing seat for as long as possible.
- Make sure the harness is snug with the chest clip at armpit level.
- Read your manual to find out how to change your car seat to forward facing.
- Place the harness straps of your child's forward-facing seat in the slot at or above the child's shoulders.
- Use the top tether for your child's forward-facing seat.
- Hold your child's hand to cross the street or when in a parking lot.



Safety at Play

- Follow age recommendations on toys. If it fits in a toilet paper roll, it is too small.
- Keep the battery door closed tight on toys and other things that use batteries.
- Choose the right helmet for your child's sports and activities.
- Always be able to see and be able to reach for your child when you are around water, and keep a life jacket on your child at all times.
- Help your child learn and grow by enjoying playtime together.



Child Safety Link: a program of the IWK Health Centre. Here for you with helpful information to keep your children safe.

Have questions? Call us at 1-866-288-1388



childsafetylink.ca