

Car Seat Safety Reference for Newborn Discharge Education

CHILDSAFETYLINK
Here for you.

Help the caregiver determine if the car seat is safe:

- Seats approved for Canada have this label:
- Used seats:
 - Seat has all parts including manual?
 - Recalls? Caregiver can check Transport Canada
 - Never use a seat that has been in a crash
 - Car seats expire. Check the date on your seat



When the caregiver buckles baby in the seat:

- Tighten the harness until you can't hold a pinch of harness at the collarbone
- Harness slot is level with or below shoulders
- Chest clip is level with armpits

No added accessories – only items that came with the seat.

No sleeping bags or bulky clothing. Thin, warm layers.



Discuss installing the seat in the car:

- Install in back seat of vehicle
- Baby will face back of vehicle
- Seat at most reclined angle allowed
- Install tight - use either the UAS strap or the seat belt
- Cannot use UAS in the middle seat for most vehicles (check manual)
- Seatbelt must be locked. Most lock by pulling the belt all the way out
- Seat should not move more than 1" (2.5 cm) where it is attached to the car
- Check instructions for the handle position. Every seat is different

Always follow the labels and instructions for how to use and install your seat.



Nurses are here to educate.

Caregivers are responsible for installing their seat in the vehicle and buckling the baby into the seat.