

Sept 13, 2017

**Re: Booster Seat Lesson Plan**

Dear Principal,

The IWK's injury prevention program, Child Safety Link, is excited to promote child passenger safety throughout Nova Scotia in celebration of Child Passenger Safety Week 2017. We are reaching out to schools to highlight the Booster Seat Lesson Plan, which is approved by the Nova Scotia Department of Education and Early Childhood Development and is available on the Nova Scotia teacher's website.

Injuries related to motor vehicle collisions are the leading cause of injury-related death for Canadian children. Children are at higher risk for injuries when they are not buckled into the correct seat. Current evidence suggests that booster seats provide up to 60% more protection than seat belts alone. In a 2012 Nova Scotia roadside study, 52% of children observed were using the adult seat belt without a booster seat before they were safe or legal to do so.

The Booster Seat Lesson Plan is an evidence-based intervention and is well received by children and schools. This 20 minute program is part of the Nova Scotia curriculum for Grade 2 and can positively influence booster seat use for this age group.

You will find additional resources to support you in leading this program at the following link: <http://childsafetylink.ca/teachers> which includes research links, frequently asked questions, certificates for the lesson plan and a photo story to support the lesson plan. Additional resources, including videos, checklists and fact sheets, can also be found at this link. You can order print resources at no cost.

Please contact us at [childsafetylink@iwk.nshealth.ca](mailto:childsafetylink@iwk.nshealth.ca) if you need further support or to connect with a community member (e.g. police, nurse, etc.) who can support this lesson for your students.

Thank you for the work you do to keep children safe.

Kind Regards,

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Enclosure: **Give your Big Kid a Boost** Poster (2)