

Prepare for your baby now

The top 3 things to get ready:

1 Do you have a safe way to bring baby home?

Install your car seat now.



2 Do you have a safe space for baby to sleep?

Use a crib or bassinet.



3 Do you have an appointment for your new baby to see their doctor, nurse or midwife?

Book an appointment now for your baby for around your due date.

You can reschedule if needed.



Do you need help? Talk to your doctor, nurse or midwife.